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3 Fit as a Fiddle p 31–42	Multiple matching Identifying key words in questions	Health & fitness	Present Perfect Simple & Present Perfect Continuous <i>for, since, lately, already, yet & still</i>	Sentence completion Thinking about the missing words
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Speaking	Grammar	Use your English	Writing	Video
Talking about yourself Expressing likes and dislikes	Articles (definite / indefinite)	Collocations & Expressions Prepositions Sentence transformation Checking the tense	Informal letter / email Using idioms & phrasal verbs Showing interest Asking general questions	Dreamtime Painters
Solving problems Making and reacting to suggestions	used to, would, be used to, get used to	Phrasal verbs Word building Gapped text Checking spelling	Story (1) Using adjectives & adverbs Planning your story Describing mysteries	Marfa Lights
Comparing photos Describing similarities and differences Making comparisons	Countable & Uncountable Nouns Quantifiers	Prepositions Collocations & Expressions Sentence transformation Checking your sentences make sense	Article (1) Giving advice Justifying advice Health and fitness	The Science of Stress
Comparing photos Coping when you forget a word Paraphrasing	Time expressions	Word families Word building Phrasal verbs	Formal email Clauses of reason & contrast Greeting & signing off Giving opinions & feedback	Solar Power
Discussing all options Expressing certainty & uncertainty	Perfect Modals	Collocations & Expressions Learning collocations & expressions	An opinion essay Presenting arguments in formal essays Ending with a conclusion Talking about success & ambition	Crossing Antarctica
Expressing your opinion Agreeing & disagreeing	Question tags Pronouns	Phrasal verbs Word building Choosing the correct word	Email Using qualifiers Brainstorming ideas Relating exciting news	Giza Pyramids
Comparing photos Answering a follow-up question Giving an opinion	Comparison of adjectives & adverbs too, enough, so & such	Collocations & Expressions Prepositions	Story (2) Sequencing events Using descriptive vocabulary Ways of seeing / looking at something & ways of walking	Tornado Chase
Deciding on the best option Making a decision	The passive: Impersonal & Personal structures	Phrasal verbs Word formation	Review Editing your work Describing what you're reviewing Giving a review	History of Film
Comparing photos Giving full answers Considering your answer	Reported Speech: Commands & Requests Reporting Verbs	Collocations & Expressions Prepositions	Report Presenting factual information Using linking words Recommending & suggesting, Work & working conditions	Wildfire Photographer
Decision making Showing interest Showing that you are listening	Conditionals without if wish and if only	Word formation Phrasal verbs	Article (2) Using descriptive adjectives Using interesting language Idiomatic expressions	The Exciting Streets of Barcelona
Problem-solving Changing your partner's mind Techniques for persuading	Participle clauses	Collocations & Expressions Prepositions	Essay: advantages & disadvantages Brainstorming Writing conclusions Advantages & disadvantages, Discussing crimes	Cambodia Animal Rescue
Comparing photos Focusing on timing Hypothesizing	Inversion: under no circumstances, never, not only ... but also, it's (about/high) time	Phrasal verbs Word formation	Review (2) Supporting your arguments Planning your review Describing fashion, Useful adjectives	The Art of Making Silk